



# Winter Programming

January – March 2019  
for Greendale Elementary  
Community School Society

Check out our website [www.gecss.com](http://www.gecss.com)  
for a complete listing of all programs and  
events that are happening in your  
community!

## Little Kickers Soccer Program

**Thursdays Year Round!**

Check out their website for more info  
and to register [www.littlekickers.ca](http://www.littlekickers.ca).

## Family Games Night!

**Friday, Feb. 8<sup>th</sup>, from 6-8pm**

EVERYONE is invited to bring your  
family friendly board games to  
play around tables in the school  
gym. Refreshments will be served  
and MORE!!

## Chilliwack Chito Ryu

**Karate Classes**

**Mondays & Wednesdays from 6-7:30pm**

Starting on Jan. 7<sup>th</sup>. For more information  
& to register, please email:  
[chitoryu@telus.net](mailto:chitoryu@telus.net).

## Chilliwack Rhythm Reelers

is offering their "Beginners Square  
Dance Class" on **Thursdays from 7-9pm starting January 10, 2019**. This is  
"Basic and Mainstream  
Dancing" The season runs from  
January - December with a summer  
break for June-August. Cost is  
\$5/night. The first 3 lessons are FREE.  
Teens are ½ price. For more  
information, contact Steve  
Armstrong 604-769-0100.

## iLearning Science Classes:

**MINECRAFT: Basic Mods**

**5 Wednesdays Feb. 6 – March 6 2-4pm**

**Ages 8-10yrs Cost \$85**

Change the way you play and interact with  
the Minecraft world by learning how to mod  
using Blockly code! You will learn the basics of  
coding and engage in fun team challenges in  
the online world. There is unlimited potential to  
what you can do when it comes to creating  
mods! This course is recommended for  
Minecraft players with no programming  
experience.

Spaces are limited! Max 10 students.



**Greendale Elementary  
Community School Society**

6621 Sumas Prairie Road  
Chilliwack / BC / V2R 4K1  
Phone: 604-823-7281

Email: [coordinator.gecs@gmail.com](mailto:coordinator.gecs@gmail.com) / Website: [www.gecss.com](http://www.gecss.com)

## Yoga with Dee

**Thursdays from 7-8:30pm.**

\$12 Drop-In or \$10 Pre-pay.

Contact Dee Monroe with any  
questions 604-791-0387.

## **Acting Outright Theatre Classes “Cue to Cue”**

Students in Grade 1 – 8.

**8 Mondays starting Jan. 7<sup>th</sup> / 2-4:30pm** (no class on Jan. 28 & Feb. 18).

Final Production Night on Tuesday March 12<sup>th</sup>. Cost is \$50 per student includes afterschool fruit/veggie snack.

Adventures in creativity and imagination abound on the stage with costumes, props, hats, mime, theatre games & role play; a safe and fun environment to learn the ins & outs of theatre and performing. The season ends with a small performance for family and friends.

Spaces are limited. Max 15 students.

## **Art Class with John LeFlock**

Teaching drawing skills & also utilizing various mediums such as charcoal, acrylic paint, pastels & water colors.

All this while having lots of fun.

Students will receive a fruit/veggie snack after being dismissed from class.

Students in Kindergarten – Grade 2 Cost \$15/student  
3 Fridays in February (Feb. 1, 8, 15) from 2-3:30pm

Students in Grades 3-5 Cost \$20/student  
4 Thursdays in February (Feb. 7, 14, 21, 28) from 2-4pm  
Spaces are limited. Max 12 students in each class.

## **Focus Fitness Classes for Jan-March 2019**

**HIIT (High Intensity Interval Training) Classes Mondays 6-6:40AM  
& HIIT Circuit Fridays 6-6:40AM**

Mondays are a fast paced total body workout to start your day and Fridays will be using a circuit method including many elements & movements. Classes are offering in month-blocks on Mondays & Fridays mornings.

**1<sup>st</sup> Set Jan.9-Feb.1 = 8 sessions for \$90**

2<sup>nd</sup> Set Feb 4-March 1 (no class Feb. 15 & 18) = 6 session for \$67.50

3<sup>rd</sup> Set starts March 4-15 = 4 sessions \$45

Maximum 12 participants / minimum 5

**CORE Class Wednesdays 6-6:30AM**

Strengthening your core muscles through engaging all the muscles of your torso, involving muscles that stabilize your shoulders, pelvis and spine plus more!

**DROP IN Class \$10/class. Classes offered in a 4 week block starting Jan. 9<sup>th</sup>.**

**STRENGTH TRAINING Tuesday Evenings 6-7pm**

Barbelllls, dumbbells and calisthenics will be the name of the game in this individualized strength program. Maximum 4 participants.

**Classes offering in 5 week set for \$85 and starts January 15<sup>th</sup>.**

**For more details on these classes, please check our website [www.gecss.com](http://www.gecss.com)**